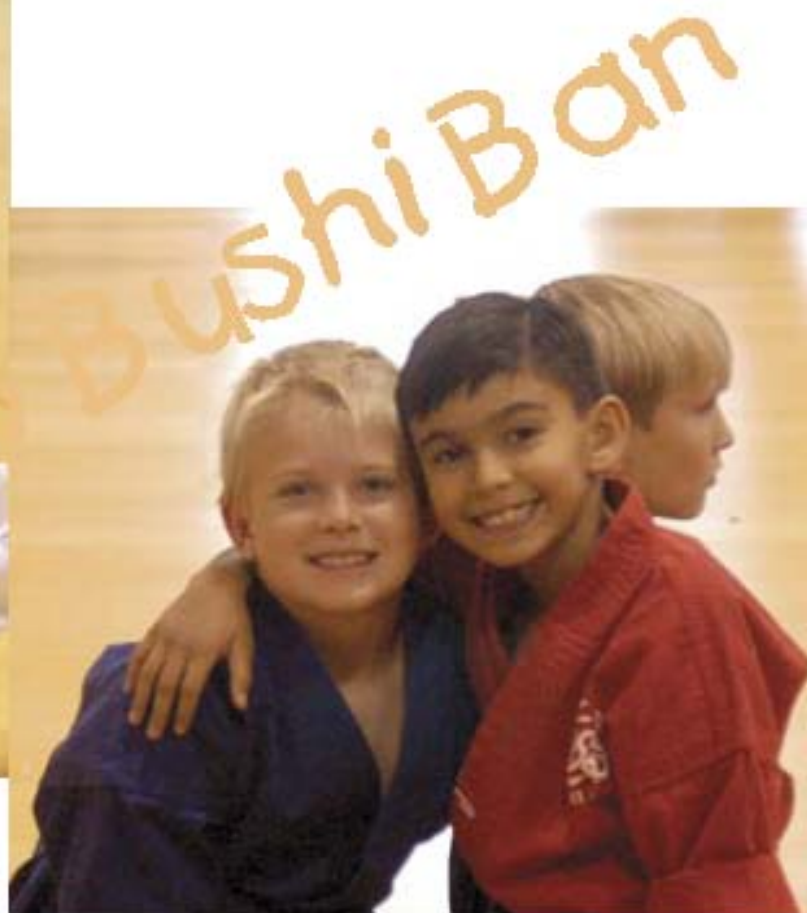


Camp Bushi Ban

— a Cure for the Summertime Blues



BY JEAN WESTRUCNIK

Summertime and the living is easy- too easy, in fact. Plopping down in front of TVs, computers and video games, many kids virtually hibernate until school bells ring again come August, while others wander restlessly and bored looking for something 'fun' to do. The summer offers a perfect opportunity to expose children to new experiences in new environments, and summer camp is a perfect venue to take advantage of this seasonal break to provide valuable learning experiences and growth opportunities.

Camp Bushi Ban, a martial arts summer day camp, combines the benefits of an away camp, with the convenience of being close to home. At Camp Bushi Ban, kids get a break from the routine of school books, homework and tests, but not from the fun and challenge of learning new skills, making new friends, and getting plenty of good, healthy exercise.

This martial arts summer camp teaches self-confidence, discipline and leadership skills while expanding the mind. A typical day might include a short reading session, followed by an exercise period of soccer, basketball, yoga or Tai Chi. Next, the kids try out new activities in arts and craft, life skills or leadership training. Then the morning is rounded out with a martial arts class, enhancing their physical agility, strength, flexibility and endurance.

The afternoon might include follow up activities in the arts and craft, life skills or leadership training, participation in an organized game, as well as special classes or programs such as visits from a local K-9 unit, the fire department on Fire Safety, or a local veterinarian discussing pet safety and pet care. Twice a week the group journeys to locations like area museums, a rock climbing club, movies, the bowling alley, putt putt golf, and a variety of other fun entertainment outlets.




Camp Bushi Ban, in operation for six

years, is fun-filled and educational with a focus on character-molding, community-awareness and good citizenship. Kids build new friendships, learn discipline and respect, and discover new information through fun games and activities designed to develop body and mind.

At Camp Bushi Ban, kids get a break from the routine of school books, homework and tests, but not from the fun and challenge of learning new skills, making new friends, and getting plenty of good, healthy exercise.

The summer camp program begins as soon as school lets out, and runs through the end of the summer break. Kids can enroll for as little as a week, or for the entire summer. Ages range from five years of age and up. Drop off begins at 6:30 a.m. and pick up as late as 6:00 p.m. The camp is in session from 9:00 a.m. to 4:00 p.m. For more information contact your local center or call 281-479-7979. Slots fill fast. Make plans to enroll your kids today.


VIDEO PRODUCTION FOR ALL EVENTS



Videography & Editing


Business & Consumer Production
Special Events

DVD ENCODING - MENU DESIGN
GRAPHIC DESIGN - PRINTING - PACKAGING



CW VIDEO PRODUCTIONS

281-702-3556



Email: champikaw@yahoo.com

INFORMATION SERVICES



"Praxis Makes Perfect"

**DESIGN
INSTALL
MAINTAIN**

PRAXIS will maximize the impact of your business and differentiate you from the competition.



17300 El Camino Real
Suite 110L
Houston TX 77068
281-218-7308
www.praxisinfo.com